



THE BAY BISTRO

GLUTEN FREE

Fish Tacos \$20.00

2 Marinated Mahi Mahi Tacos (Corn Tortillas)
Avocado Salsa, Roasted Grapes, Cabbage, Lime
Crema & Served with Basmati Rice & Black Beans

Chicken Skewers \$12.00

Marinated Chicken, Toasted Coconut,
Lime, Romaine, Peanuts & Cilantro

Salmon Lemon & Herbs \$22.00

Served on a bed of Fresh Spinach

King Cobia \$26

Pan Seared Cobia, Lemongrass Caper
Reduction, Watermelon Salsa. Served
with Basmati Rice & Salad

Grilled Chicken Francese \$20.00

Grilled Chicken with Lemon Butter
Sauce. Served with Tomato Arugula
Salad and a Baked Potato

Grilled Chicken Florentine \$20.00

Grilled Chicken Breast, White Wine,
Parmesan, Creamy Spinach, Sun-dried
Tomatoes.. Served with Side Salad

Porter House \$34.00

House Marinated Porterhouse Steak
with Maple Pecan Compound Butter.
Served with a Baked Potato & Side Salad

Seared Scallops \$16.00

Sea Scallops, Plum Wasabi &
Pineapple Salsa

**Our Gluten-Free Items are prepared in a common kitchen. While we take steps to minimize the likelihood of exposure to gluten, we cannot guarantee that these items have not been in contact with gluten.*

VEGETARIAN

Veggie Lover Flatbread \$13.00

Heirloom Tomato Marinara, Roasted Red
Peppers, Asparagus, Mushrooms, Red
Onion, Spinach & Mozzarella Cheese

Veggie Spring Rolls \$12.00

Served with Sweet Chili Sauce

Veggie Plate \$12.00

Choose 4: Rice, House Salad, Charred
Asparagus, Sugar Snap Peas, Street Corn
Salad, Mashed or Baked Potato or
Fried Okra

Heirloom Veggie Pasta \$20.00

Penne Pasta, Lemon Butter Sauce
with Spinach & Heirloom Tomatoes

SALADS

Classic House Salad \$8/\$14

Fresh Greens, Cucumbers, Tomatoes,
Red Onions, Cheddar Cheese,
Carrots & Croutons

Classic Caesar Salad \$8/\$14

Romaine Lettuce with House Made
Caesar Dressing, Parmesan Cheese
& Croutons

Strawberry Salad \$14

Spinach, Fresh Strawberries, Candied
Pecans, Pickled Onion, & Goat Cheese.
Served with Lemon Poppyseed Dressing

Heirloom Tomato Caprese \$14

4 Heirloom Tomato Slices, Fresh
Mozzarella Cheese, Chiffonade Basil,
Topped with House Italian Dressing
and a Balsamic Glaze